

# Tai Chi Workshop by Guy DeRosa



**WHEN: Sunday, November 11, 2012 - 1:00 to 3:00 PM**

**WHERE: Hamilton Robert Wood Johnson, Studio TWO**

**WHO: All Tai Chi students and instructors**

**WHAT: Tai Chi push hands, Yang style applications and form study**

**COST: \$30 per person for members - \$40 per person for non-members (same as 2011!)**

**Please note: payment should be made directly to Hamilton Robert Wood Johnson – Registration at front desk. You will receive a receipt which MUST be provided for entry to the workshop.**



[RWJ Hamilton Center for Health & Wellness](#) will host a Tai Chi Seminar by Guy DeRosa. Guy has taught Lee Atwater, an RWJ Tai Chi instructor, for over twenty years.

Mr. DeRosa attained his black belt in Shotokan Karate in 1980. While studying for his black belt he began his practice of Tai Chi. Guy has practiced Tai Chi since 1978 under the instruction of his wife, Susanna. Mr. DeRosa has taught or teaches at Mercer County College, the College of New Jersey, the Somerset School of Massage Therapy and many other places. He teaches privately at his home and maintains a studio in Flemington, NJ.

**NOTE: If you have any questions, please inquire at one of the Tai Chi classes. Payment is due at least one week prior to the seminar.**